

早餐菜單(四選一)·A Choice Of Breakfast

	中式·Chinese	西式·Western	素菜·Vegetarian (免麩質, 免奶類製品, 免乳糖· Gluten Free, Dairy Free, Lactose Free)	兒童·Children
星期一 Monday	燒賣·炒蛋麵·白粥·油條· 榨菜·水果拼盤 Pork Dumpling·Fried Egg Noodles· Plain Congee·Deep-fried Chinese Doughnut·Pickled Vegetables· Sliced Fresh Fruit	烱蛋·豬肉腸·焗豆·咖哩角· 烤新薯·麵包·水果拼盤 Boiled Eggs·Pork Banger Sausages· Baked Beans·Curry Samosas· Roasted New Potatoes·Bread Roll· Sliced Fresh Fruit	炒雜菌·烤新薯·焗豆·炒米粉· 饅頭·水果拼盤 Sautéed Mushrooms·Roasted New Potatoes·Baked Beans·Fried Rice Noodles·Chinese Steamed Bun· Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 雞肉腸·橙汁 Mini Pancakes·Scrambled Eggs· Hash Brown·Crudités·English Muffin with Organic Maple Syrup· Chicken Sausage·Orange Juice
星期二 Tuesday	蝦餃·蘿蔔糕·豬肉碎粥· 油條·榨菜·水果拼盤 Prawn Dumpling·Turnip Cake· Minced Pork Congee·Deep-fried Chinese Doughnut·Pickled Vegetables· Sliced Fresh Fruit	炒蛋·煙肉·雞肉腸·薯餅· 牛油粟米·牛角包·水果拼盤 Scrambled Eggs·Bacon· Chicken Sausage·Hash Brown· Butter Corn·Croissant· Sliced fresh Fruit	炒雜菌·車厘茄·薯餅· 焗豆·粟米·法包·水果拼盤 Sautéed Mushrooms· Cherry Tomatoes·Hash Brown· Baked Beans·Steamed Corn· French Bread·Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 煙肉·橙汁 Mini Pancakes·Scrambled Eggs·Hash Brown·Crudités·English Muffin with Organic Maple Syrup·Bacon· Orange Juice
星期三 Wednesday	叉燒包·炒米粉·鮮魚粥·油條· 榨菜·水果拼盤 BBQ Pork Bun·Fried Rice Noodles· Fish Conge·Deep-fried Chinese Doughnut·Pickled Vegetables· Sliced Fresh Fruit	烱蛋·烤火腿·火雞片·茄子番茄醬· 班戟·維也納朱古力酥·水果拼盤 Boiled Eggs·Grilled Ham·Smoked Turkey Breast·Eggplant In Tomato Concasse·Pancakes·Pain au Chocolat· Sliced Fresh Fruit	炒雜菌·茄子番茄醬·焗豆· 鷹嘴豆嫩菠菜沙律·意大利香草包· 水果拼盤 Sautéed Mushrooms·Eggplant In Tomato Concasse·Baked Beans· Chickpeas With Baby Spinach· Focaccia·Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 豬肉腸·橙汁 Mini Pancakes·Scrambled Eggs·Hash Brown·Crudités·English Muffin with Organic Maple Syrup·Pork Sausage· Orange Juice
星期四 Thursday	牛肉球·油麵·牛肉粥· 油條·榨菜·水果拼盤 Beef Ball·Fried Oil Noodles· Beef Congee·Deep-fried Chinese Doughnut·Pickled Vegetables· Sliced Fresh Fruit	炒蛋·雞肉腸·焗豆·薯餅· 春卷·藍莓丹麥酥·水果拼盤 Scrambled Eggs·Chicken Sausage· Baked Beans·Hash Brown· Spring Rolls·Blueberry Danish· Sliced Fresh Fruit	炒雜菌·茄子新豬肉醬·焗豆· 薯餅·法包·水果拼盤 Sautéed Mushrooms·Eggplant with Minced Omnipork·Baked Beans· Hash Brown·French Bread· Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 雞肉腸·橙汁 Mini Pancakes·Scrambled Eggs· Hash Brown·Crudits·English Muffin with Organic Maple Syrup· Chicken Sausage·Orange Juice

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星期五 Friday	雞肉燒賣·芋頭糕·雞粥·油條· 榨菜·水果拼盤 Chicken Dumpling·Taro Cake· Chicken Congee·Deep-fried Chinese Doughnut·Pickled Vegetables· Sliced Fresh Fruit	烱蛋·煙肉·番茄莎莎醬· 鰐梨醬·玉米餅·牛角包·水果拼盤 Boiled Eggs·Bacon·Tomato Salsa· Guacamole·Tortilla·Croissant· Sliced Fresh Fruit	炒雜菌·生菜·上海年糕·炒米粉· 饅頭·水果拼盤 Sautéed Mushrooms·Braised Lettuce· Shanghainese Rice Cake·Fried Rice Noodles·Chinese Steamed Bun· Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 煙肉·橙汁 Mini Pancakes·Scrambled Eggs· Hash Brown·Crudités·English Muffin with Organic Maple Syrup·Bacon· Orange Juice
星期六 Saturday	珍珠雞·炒蛋麵·白粥· 油條·榨菜·水果拼盤 Chicken Sticky Rice In Lotus Leaf· Fried Egg Noodles·Plain Congee· Pickled Vegetables·Sliced Fresh Fruit	炒蛋·豬肉腸·車厘茄·芝士通心粉· 烤新薯·牛角包·水果拼盤 Scrambled Eggs·Pork Banger Sausages· Cherry Tomatoes·Cheese Macaroni· Roasted New Potatoes·Croissant· Sliced Fresh Fruit	炒雜菌·植物素牛肉丸·焗豆· 烤新薯·意大利香草包·水果拼盤 Sautéed Mushrooms·'Impossible' Plant-based Meat Balls·Baked Beans· New potatoes·Focaccia·Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 豬肉腸·橙汁 Mini Pancakes·Scrambled Eggs· Hash Brown·Crudités·English Muffin with Organic Maple Syrup· Pork Sausage·Orange Juice
星期日 Sunday	蝦餃·XO醬炒腸粉·素豬肉粥· 油條·榨菜·水果拼盤 Prawn Dumpling· Fried Rice Pasta Roll with XO Sauce· Omnipork Congee·Deep-fried Chinese Doughnut·Pickled Vegetables· Sliced Fresh Fruit	烱蛋·烤火腿·豬肉餃子·焗豆· 薯餅·維也納朱古力酥·水果拼盤 Boiled Eggs·Ham·Pork Gyoza Dumpling·Baked Bean·Hash Brown· Pain au chocolat·Sliced Fresh Fruit	炒雜菌·茄子植物素肉醬· 韓式炒粉絲·維也納朱古力酥· 水果拼盤 Sautéed Mushrooms·Omnipork Mince With Eggplant·Korean Japchae Noodles·Pain au chocolat· Sliced Fresh Fruit	迷你煎餅·炒雞蛋·脆香薯餅· 蔬菜沙律·英式鬆餅配有機楓糖漿· 煙肉·橙汁 Mini Pancakes·Scrambled Eggs· Hash Brown·Crudités·English Muffin with Organic Maple Syrup·Bacon· Orange Juice

午餐菜單(五選一)·A Choice Of Lunch

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星期一 Monday	鹵水紅腸·菠蘿咕嚕肉·清炒菜心·蔥香蛋炒飯·粟米青紅蘿蔔老火湯·紙包飲品 Sausage in Loh-Sui Sauce·Sweet and Sour Pork·Sautéed Choi Sum·Fried Rice with Spring Onion & Egg·Carrot, Radish Soup with Pork & Sweet Corn·Packed Drink	田園沙律配檸檬橄欖油·凱撒雞肉卷餅·炸薯條·香辣蛋黃醬·紙包飲品 Mixed Green Salad with Lemon Olive Oil·Chicken Caesar Tortilla Wrap·French Fries·Chilli Mayo·Packed Drink	涼拌皮蛋豆腐·菠蘿咕嚕素雞·清炒菜心·素炒飯·上素豆腐湯·紙包飲品 Chilled Tofu with Century Eggs·Sweet & Sour Vegetarian Chicken·Sautéed Choi Sum·Vegetable Fried Rice·Beancurd & Vegetables Soup·Packed Drink	田園沙律配檸檬橄欖油·紅菜頭芝士意大利飯·香醋醃紅菜頭·巴馬臣芝士·紙包飲品 Mixed Green Salad with Lemon Olive Oil·Beetroot Risotto with Mascarpone·Pickled Beetroot·Parmesan·Packed Drink	迷你熱狗·牛油粟米·田園沙律·炸薯條·時令鮮果·兒童紙包飲品 Mini Hotdog·Buttered Sweet Corn·Assorted Seasonal Greens·French Fries·Fresh Cut Fruits·Kid's Packed Drink
星期二 Tuesday	乾扁肉鬆四季豆·香菇蒸滑雞·蒜蓉小唐菜·絲苗白飯·番茄薯仔煲唐排·紙包飲品 Green Beans with Minced Pork·Steamed Chicken with Shiitake·Sautéed Chinese Cabbage with Garlic·Steamed Rice·Tomato, Potato & Pork Shank Soup·Packed Drink	田園沙律配意式香醋汁·肉醬千層麵·蒜茸包·巴馬臣芝士·紙包飲品 Mixed Green Salad with Balsamico·Beef Lasagna·Garlic Bread·Parmesan·Packed Drink	涼拌四季豆·番茄炒素丁·味噌炒椰菜·絲苗白飯·菜膽燉花菇·紙包飲品 Chilled Green Beans in Sesame Oil·Sautéed Cubed Soy Chicken with Tomatoes·Sautéed Cabbage in Miso Sauce·Steamed Rice·Double Boiled Cabbage & Shiitake Soup·Packed Drink	田園沙律配意式香醋汁·植物素肉醬千層麵·蒜茸包·巴馬臣芝士·紙包飲品 Mixed Green Salad with Balsamico·Vegetarian Lasagna with Omnipork·Garlic Bread·Parmesan·Packed Drink	烤有機雞肉三文治·番茄·生菜·蜂蜜蛋黃醬·牛油粟米·田園沙律·薯蓉·時令鮮果·兒童紙包飲品 Grilled Organic Chicken Sandwich·Tomatoes·Lettuce·Honey Mayonnaise·Buttered Sweet Corn·Assorted Seasonal Greens·Mashed Potato·Fresh Cut Fruits·Kid's Packed Drink
星期三 Wednesday	菜脯炒蛋·蜜汁叉燒·蠔油西生菜·絲苗白飯·粉葛鯪魚湯·紙包飲品 Scrambled Egg with Preserved Turnip·Barbecue Pork·Lettuce in Oyster Sauce·Steamed Rice·Kudzu, Mud Carp & Pork Shank Soup·Packed Drink	田園沙律配日式芝麻醬·牛肉三文治配焦糖洋蔥及車打芝士·炸薯角·松露蛋黃醬·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing·Steak Sandwich with Caramelised Onions and Cheddar·Potato Wedges·Truffle Mayo·Packed Drink	涼拌麻醬秋葵·芹菜炒豆乾·素蠔油西生菜·絲苗白飯·粟米素菜羹·紙包飲品 Chilled Okra in Sesame Sauce·Sautéed Dried Beancurd with Chinese Celeries·Lettuce in Vegetarian Oyster Flavored Sauce·Steamed Rice·Sweet Corn & Vegetable Soup·Packed Drink	田園沙律配日式芝麻醬·植物素牛肉三文治配焦糖洋蔥及車打芝士·炸薯角·松露蛋黃醬·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing·'Impossible' Plant-Based Beef Sandwich with Caramelised Onions and Cheddar·Potato Wedges·Truffle Mayo·Packed Drink	脆炸雞柳配他他醬·牛油粟米·田園沙律·炸薯條·時令鮮果·兒童紙包飲品 Crispy Chicken Tenders with Tartar Sauce·Buttered Sweet Corn·Assorted Seasonal Greens·French Fries·Fresh Cut Fruits·Kid's Packed Drink

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星期四 Thursday	魚香茄子·鹹蛋蒸肉餅·味噌炒椰菜·絲苗白飯·粟米青紅蘿蔔老火湯·紙包飲品 Sautéed Eggplant with Salted Fish · Steamed Minced Pork Patty with Salted Egg · Sautéed Cabbage in Miso Sauce · Steamed Rice · Carrot & Radish Soup with Pork & Sweet Corn · Packed Drink	田園沙律配意式香醋汁·雞肉公司三文治·炸薯角·香蒜蛋黃醬·紙包飲品 Mixed Green Salad with Balsamico · Chicken Club Sandwich · Potato Wedges · Garlic Mayo · Packed Drink	涼拌大豆芽·素麻婆豆腐·清炒小唐菜·絲苗白飯·上素豆腐湯·紙包飲品 Chilled Bean Sprouts · Vegetarian Mapo Tofu · Sautéed Chinese Cabbage · Steamed Rice · Beancurd & Vegetables Soup · Packed Drink	田園沙律配檸檬橄欖油·辣茄醬意粉·蒜茸包·巴馬臣芝士·紙包飲品 Mixed Green Salad with Lemon Olive Oil · Spaghetti Arrabiata · Garlic Bread · Parmesan · Packed Drink	焗芝士通粉配法蘭克福腸·牛油粟米·田園沙律·薯蓉·時令鮮果·兒童紙包飲品 Mac n' Cheese with Frankfurter Sausage · Buttered Sweet Corn · Assorted Seasonal Greens · Mashed Potato · Fresh Cut Fruits · Kid's Packed Drink
星期五 Friday	鹵水雞翼·蝦仁炒滑蛋·上湯娃娃菜·蔥香蛋炒飯·番茄薯仔煲唐排·紙包飲品 Chicken Wings in Loh-Sui Sauce · Scrambled Eggs with Shrimps · Baby Chinese Cabbage Simmered in Soup · Fried Rice with Spring Onion & Egg · Tomato, Potato & Pork Shank Soup · Packed Drink	田園沙律配檸檬橄欖油·肉醬意粉·蒜茸包·巴馬臣芝士·紙包飲品 Mixed Green Salad with Lemon Olive Oil · Spaghetti Bolognaise · Garlic Bread · Parmesan · Packed Drink	醋香黑木耳·梅菜芯蒸茄子·素湯娃娃菜·素炒飯·菜膽燉花菇·紙包飲品 Black Fungus in Black Vinegar · Steamed Eggplants with Preserved Vegetable · Baby Chinese Cabbage in Vegetable Soup · Vegetable Fried Rice · Double Boiled Cabbage & Shiitake Soup · Packed Drink	田園沙律配意式香醋汁·烤地中海蔬菜芝士香醋汁三文治·炸薯角·香蒜蛋黃醬·紙包飲品 Mixed Green Salad with Balsamico · Grilled Mediterranean Vegetables Sandwich with Brie Cheese & Balsamico · Potato Wedges · Garlic Mayo · Packed Drink	全麥蕎麥麵·烤三文魚柳·蕃薯角·忌廉雞蓉粟米湯·時令鮮果·兒童紙包飲品 Buckwheat Soba Noodles · Grilled Salmon Fillet · Sweet Potato Wedges · Cream of Sweet Corn Soup · Fresh Cut Fruits · Kid's Packed Drink
星期六 Saturday	蟲草花蒸肉片·黑椒牛仔骨·清炒西蘭花·絲苗白飯·粉葛鯪魚湯·紙包飲品 Steamed Pork with Cordyceps Flower · Beef Short Ribs in Black Pepper Sauce · Sautéed Broccoli · Steamed Rice · Kudzu, Mud Carp & Pork Shank Soup · Packed Drink	田園沙律配日式芝麻醬·英式炸比目魚·炸薯條·他他醬及檸角·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing · Fish and Chips Halibut · French Fries · Tartar Sauce and Lemon Wedges · Packed Drink	醋香涼拌青瓜·素三鮮·清炒西蘭花·絲苗白飯·粟米素菜羹·紙包飲品 Chilled Cucumbers in Black Vinegar · Sautéed Assorted Vegetables and Mushrooms · Sautéed Broccoli · Steamed Rice · Sweet Corn & Vegetable Soup · Packed Drink	田園沙律配日式芝麻醬·植物素肉芝士墨西哥酥餅·炸薯條·番茄莎莎醬·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing · Omnipork Quesadilla with Cheddar · French Fries · Tomato Salsa · Packed Drink	烤低脂芝士全麥三文治·牛油粟米·田園沙律·炸薯條·時令鮮果·兒童紙包飲品 Grilled Low Fat Cheese Whole Wheat Sandwich · Buttered Sweet Corn · Assorted Seasonal Greens · French Fries · Fresh Cut Fruits · Kid's Packed Drink
星期日 Sunday	肉鬆蒸水蛋·明爐燒鴨·鮮菌炒翠玉瓜·絲苗白飯·番茄薯仔煲唐排·紙包飲品 Steamed Egg with Meat Floss · Roasted Duck · Sautéed Zucchini with Assorted Mushrooms · Steamed Rice · Tomato, Potato & Pork Shank Soup · Packed Drink	田園沙律配意式香醋汁·卡邦尼意粉·蒜茸包·巴馬臣芝士·紙包飲品 Mixed Green Salad with Balsamico · Spaghetti Carbonara · Garlic Bread · Parmesan · Packed Drink	涼伴蓮藕片·田園小炒·鮮菌炒翠玉瓜·絲苗白飯·菜膽燉花菇·紙包飲品 Chilled Lotus Roots · Sautéed Assorted Vegetables · Sautéed Zucchini with Assorted Mushrooms · Steamed Rice · Double Boiled Cabbage & Shiitake Soup · Packed Drink	田園沙律配意式香醋汁·菠菜芝士意大利雲吞配火箭菜及番茄乾·蒜茸包·巴馬臣芝士·紙包飲品 Mixed Green Salad with Balsamico · Spinach and Cheese Ravioli with Arugula and Sundried Tomatoes · Garlic Bread · Parmesan · Packed Drink	吞拿魚蛋黃醬三文治·牛油粟米·田園沙律·薯蓉·時令鮮果·兒童紙包飲品 Tuna Mayonnaise Sandwich · Buttered Sweet Corn · Assorted Seasonal Greens · Mashed Potato · Fresh Cut Fruits · Kid's Packed Drink

晚餐菜單(五選一)-A Choice Of Dinner

	<u>中式·Chinese</u>	<u>西式·Western</u>	<u>中式素菜· Chinese Vegetarian</u>	<u>西式素菜· Western Vegetarian</u> (免麩質, 免奶類製品, 免乳糖) <u>Gluten Free, Dairy Free, Lactose Free</u>	<u>兒童·Children</u>
星期一 Monday	蓮藕炆腩仔·味菜炒鮮魷· 薑米粒炒芥蘭·絲苗白飯· 陳皮紅豆沙·紙包飲品 Braised Pork Belly with Lotus Root·Sautéed Squid with Pickled Vegetable·Sautéed Chinese Kale with Ginger·Steamed Rice·Red Bean Sweetened Soup· Packed Drink	田園沙律配檸檬橄欖油· 香煎羊扒·牛油豆角·薯蓉· 紙包飲品 Mixed Green Salad with Lemon Olive Oil·Pan Seared Lamb Chops with Rosemary Sauce·Green Beans in Butter·Mashed Potato· Packed Drink	醋香車厘茄·彩蔬炒素丁· 清炒芥蘭·絲苗白飯· 陳皮紅豆沙·紙包飲品 Cherry Tomatoes in Black Vinegar·Sautéed Cubed Vegetarian Chicken with Assorted Vegetables·Sautéed Chinese Kale·Steamed Rice·Red Bean Sweetened Soup·Packed Drink	田園沙律配檸檬橄欖油· 油炸鷹嘴豆餅·薯蓉· 清炒豆角·紙包飲品 Mixed Green Salad with Lemon Olive Oil·Falafels with Hummus Sauce·Mashed Potato·Sautéed Green Beans·Packed Drink	焗芝士通粉配法蘭克福腸· 配牛油粟米·田園沙律·薯蓉· 時令鮮果·兒童紙包飲品 Mac n' Cheese with Frankfurter Sausage·Buttered Sweet Corn· Assorted Seasonal Greens· Mashed Potato·Fresh Cut Fruits· Kid's Packed Drink
星期二 Tuesday	豉汁蒸排骨·蝦仁炒滑蛋· 蠔油唐生菜·生炒牛肉飯· 腐竹銀杏糖水·紙包飲品 Steamed Pork Spare Ribs in Black Bean Sauce·Scrambled Egg with Shrimp·Lettuce in Oyster Sauce· Fried Rice with Minced Beef & Egg·Ginkgo & Beancurd Sweetened Soup·Packed Drink	田園沙律配意式香醋汁· 燒春雞配黑椒汁·炒蘆筍· 烤薯·紙包飲品 Mixed Green Salad with Balsamico·Grilled Spring Chicken with Black Pepper Gravy·Sautéed Asparagus·Roasted Potatoes· Packed Drink	涼拌金菇·金菇琥珀炒素丁· 素蠔油唐生菜·雜錦菇炒飯· 腐竹銀杏糖水·紙包飲品 Chilled Enoki·Stir-fried Vegetables with Enoki & Walnuts· Lettuce in Vegetarian Oyster Flavored Sauce·Fried Rice with Assorted Mushroom·Ginkgo & Beancurd Sweetened Soup· Packed Drink	田園沙律配意式香醋汁·植物素 肉丸配煙燻紅椒醬·烤薯仔· 炒蘆筍·紙包飲品 Mixed Green Salad with Balsamico·'Impossible' Plant- based Meatballs in Pimiento de Piquillo Sauce·Roasted Potatoes· Sautéed Asparagus·Packed Drink	全麥蕎麥麵·烤三文魚柳· 蕃薯角·忌廉雞蓉粟米湯· 時令鮮果·兒童紙包飲品 Buckwheat Soba Noodles·Grilled Salmon Fillet·Sweet Potato Wedges·Cream of Sweet Corn Soup·Fresh Cut Fruits· Kid's Packed Drink
星期三 Wednesday	味菜炒雞柳·粟米斑塊· 清炒西蘭花·絲苗白飯· 雪耳木瓜糖水·紙包飲品 Sautéed Chicken Fillet with Pickled Vegetable·Fish Fillet in Sweet Corn Sauce·Sautéed Broccoli·Steamed Rice·Papaya & Snow Fungus Sweetened Soup· Packed Drink	田園沙律配日式芝麻醬·香煎豬 扒配焦糖洋蔥汁·西蘭花· 北非小米·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing·Pan Seared Pork Chop with Caramelized Onion Gravy·Steamed Broccoli· Cous Cous·Packed Drink	麻醬凍豆腐·粟米素斑塊· 清炒西蘭花·絲苗白飯· 雪耳木瓜糖水·紙包飲品 Chilled Tofu in Sesame Sauce· Vegetarian Fish Fillets in Sweet Corn Sauce·Sautéed Broccoli· Steamed Rice·Papaya & Snow Fungus Sweetened Soup·Packed Drink	田園沙律配日式芝麻醬·香煎植 物素肉餅配焦糖洋蔥汁· 西蘭花·北非小米·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing·Pan-Seared Omnipork Patties in Caramelized Onion Gravy·Steamed Broccoli· Cous Cous·Packed Drink	烤低脂芝士全麥三文治· 配牛油粟米·田園沙律·薯蓉· 時令鮮果·兒童紙包飲品 Grilled Low Fat Cheese Whole Wheat Sandwich·Buttered Sweet Corn·Assorted Seasonal Greens· Mashed Potato·Fresh Cut Fruits· Kid's Packed Drink
星期四 Thursday	麻婆豆腐·香妃雞·清炒菜心· 揚州炒飯·陳皮紅豆沙· 紙包飲品 Mapo Tofu·Braised Salted Chicken·Sautéed Choi Sum· Fried Rice in Yangzhou Style·Red Bean Sweetened Soup· Packed Drink	田園沙律配意式香醋汁·香煎三 文魚柳配牛油檸檬汁·蘆筍· 薯蓉·紙包飲品 Mixed Green Salad with Balsamico·Pan Seared Salmon Filet with Lemon Butter Sauce· Green Asparagus· Mashed Potato·Packed Drink	冰糖桂花蜜蓮藕·黑椒西芹炒豆 乾·清炒菜心·素菜粒炒飯· 陳皮紅豆沙·紙包飲品 Lotus Roots in Sweet Osmanthus Sauce·Sautéed Dried Beancurd with Celeries·Sautéed Choi Sum· Fried Rice with Assorted Vegetables·Red Bean Sweetened Soup·Packed Drink	田園沙律配檸檬橄欖油·烤茄子 配番茄醬·炒意大利青瓜· 白腰豆·紙包飲品 Mixed Green Salad with Lemon Olive Oil·Roasted Eggplant in Tomato Sauce·Sautéed Zucchini· Cannellini Beans·Packed Drink	吞拿魚蛋黃醬三文治· 牛油粟米·田園沙律·炸薯條· 時令鮮果·兒童紙包飲品 Tuna Mayonnaise Sandwich· Buttered Sweet Corn·Assorted Seasonal Greens·French Fries· Fresh Cut Fruits· Kid's Packed Drink

晚餐菜單(五選一)·A Choice Of Dinner

	<u>中式·Chinese</u>	<u>西式·Western</u>	<u>中式素菜· Chinese Vegetarian</u>	<u>西式素菜· Western Vegetarian</u> (免麩質, 免奶類製品, 免乳糖) <u>Gluten Free, Dairy Free, Lactose Free</u>	<u>兒童·Children</u>
星期五 Friday	椒鹽豬扒·鮮茄燴牛仔骨· 百合木耳炒翠玉瓜·絲苗白飯· 腐竹銀杏糖水·紙包飲品 Deep-Fried Pork Chop with Spiced Salt & Chilli · Braised Beef Short Ribs with Tomato · Sautéed Zucchini with Lily Bulbs and Black Fungus · Steamed Rice · Ginkgo & Beancurd Sweetened Soup · Packed Drink	田園沙律配檸檬橄欖油·香烤雞 胸配香草忌廉汁·炒意大利青 瓜·白腰豆·紙包飲品 Mixed Green Salad with Lemon Olive Oil · Grilled Chicken Breast with Tarragon Cream Sauce · Sautéed Zucchini · Cannellini Beans · Packed Drink	紅油涼拌茄子·羅漢燴上素· 味噌炒椰菜·絲苗白飯· 腐竹銀杏糖水·紙包飲品 Chilled Eggplants in Chilli Oil · Braised Assorted Vegetables & Fungus · Sautéed Cabbage in Miso Sauce · Steamed Rice · Ginkgo & Beancurd Sweetened Soup · Packed Drink	田園沙律配意式香醋汁·雜菌意 大利飯·蘆筍·巴馬臣芝士· 紙包飲品 Mixed Green Salad with Balsamico · Mushroom Risotto · Green Asparagus · Parmesan · Packed Drink	迷你熱狗·牛油粟米·田園沙律· 薯蓉·時令鮮果·兒童紙包飲品 Mini Hotdog · Buttered Sweet Corn · Assorted Seasonal Greens · Mashed Potato · Fresh Cut Fruits · Kid's Packed Drink
星期六 Saturday	蜜汁叉燒·蠔油鮮菇炒牛肉片· 味噌炒椰菜·芥香欖菜豚肉炒 飯·雪耳木瓜糖水·紙包飲品 Barbecued Pork · Sautéed Sliced Beef with Mushroom in Oyster Sauce · Sautéed Cabbage in Miso Sauce · Fried Rice with Pork, Preserved Vegetables and Kale · Papaya & Snow Fungus Sweetened Soup · Packed Drink	田園沙律配意式香醋汁·味噌牛 油香煎鯛魚·枝豆及本菇· 藜麥配海帶·紙包飲品 Mixed Green Salad Balsamico · Pan Seared Sea Bream with Miso Butter Sauce · Edamame with Shimeji · Quinoa with Wakame · Packed Drink	素麻婆豆腐·翠綠炒鮮百合·百 合木耳炒翠玉瓜·芥香欖菜素丁 炒飯·雪耳木瓜糖水·紙包飲品 Vegetarian Mapo Tofu · Sautéed Cucumbers with Lily Bulbs · Sautéed Zucchini, Lily Bulbs and Black Fungus · Fried Rice with Cubed Vegetarian Chicken · Preserved Vegetables and Kale · Papaya & Snow Fungus Sweetened Soup · Packed Drink	田園沙律配日式芝麻醬·印度蔬 菜咖哩·印式香料飯·印度薄餅· 紙包飲品 Mixed Green Salad with Japanese Sesame Dressing · Vegetable Masala · Pilau Rice · Naan Bread · Packed Drink	烤有機雞肉三文治·番茄· 生菜·蜂蜜蛋黃醬·牛油粟米· 田園沙律·薯蓉·時令鮮果· 兒童紙包飲品 Grilled Organic Chicken Sandwich · Tomatoes · Lettuce · Honey Mayonnaise · Buttered Sweet Corn · Assorted Seasonal Greens · Mashed Potato · Fresh Cut Fruits · Kid's Packed Drink
星期日 Sunday	榨菜蒸牛肉·沙薑雞· 金菇扒菜苗·櫻花蝦黃金炒飯· 腐竹銀杏糖水·紙包飲品 Steamed Beef with Pickled Mustard Tuber · Steamed Galangal Chicken · Braised Vegetables with Enoki · Fried Rice with Sakura Shrimps and Eggs · Ginkgo & Beancurd Sweetened Soup · Packed Drink	田園沙律配日式芝麻醬·烤肉眼 扒配紅酒汁·炒雜菌及花椰菜 苗·烤新薯·紙包飲品 Mixed Green Salad with Japanese Sesame Dressing · Grilled Ribeye with Red Wine Gravy · Sautéed Mushrooms and Broccolini · Roasted New Potatoes · Packed Drink	香辣貢菜·玲瓏翠綠·金菇扒菜 苗·番茄炒飯·腐竹銀杏糖水· 紙包飲品 Chilled Spicy Tribute Vegetables · Stir Fried Assorted Vegetables · Braised Vegetables with Enoki · Fried Rice with Diced Tomato · Ginkgo & Beancurd Sweetened Soup · Packed Drink	田園沙律配意式香醋汁·照燒汁 香煎植物素肉餅·枝豆及本菇· 藜麥配海帶·紙包飲品 Mixed Green Salad with Balsamico · 'Impossible' Plant- based Meat Patty with Teriyaki Glaze · Edamame with Shimeji · Quinoa with Wakame · Packed Drink	脆炸雞柳配他他醬·牛油粟米· 田園沙律·炸薯條·時令鮮果· 兒童紙包飲品 Crispy Chicken Tenders with Tartar Sauce · Buttered Sweet Corn · Assorted Seasonal Greens · French Fries · Fresh Cut Fruits · Kid's Packed Drink